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# Online cancer education program provides support for people living with NETs













The online course offers support, connection and clarity for people living with NETS and their families. Picture Shutterstock.

This is branded content for NeuroEndocrine Cancer Australia.

For Australians living with neuroendocrine tumours (NETs) finding reliable information, shared experiences, and a supportive community can make the world of difference. That is

exactly what <u>Living with NETs</u>, a free online education program, is designed to provide.

Hosted by NeuroEndocrine Cancer Australia, the program returns in mid-July to deliver four virtual sessions that have been specifically designed to help patients and their carers navigate life with NETs.

Running from 15 July to 5 August 2025, <u>Living with NETs</u> offers two-hour sessions each Tuesday from 1:30pm to 3:30pm (AEST).

The course is free and accessible to any neuroendocrine cancer patients and their carers within Australia with an internet connection. It offers a valuable opportunity for patients and families to gain clarity, connection, and confidence from the comfort of home.

## What does Living with NETs want to achieve?

Living with NETs is a safe, welcoming, and supportive space for people affected by NETs.

The program delivers current information and practical guidelines to help people understand a NET diagnosis. It also allows them to more effectively navigate the health system, treatment options, manage daily living challenges, and better communicate with their healthcare team.

Each of the four sessions focuses on useful, real-world goals, including:

Increasing participants' knowledge of NETs

- Providing information on tests and treatments
- Developing strategies for coping with and managing different challenges
- Providing topics that can assist with life and wellness
- Encouraging sharing and discussion in a safe setting
- Building confidence and skills in self-advocating

The format includes time for questions, sharing, and discussion, giving participants a chance to hear from others with lived experience and to raise their own concerns in a supportive environment.



The Living with NETs online course is a safe, welcoming, and supportive space for people affected by NETs. Picture Shutterstock

# Why we need programs like this

Many current NET patients understand the need for this program. A NET diagnosis can be a frightening and

overwhelming event for anyone, including patients, their carers, and their families.

NETs are a complex group of cancers that can affect multiple organs and cause a wide range of symptoms. Because they are less common and often misunderstood, people with NETs frequently experience delays in diagnosis or confusion about their treatment.

NeuroEndocrine Cancer Australia aims to close this gap by:

- Promoting self-advocacy, so participants feel more confident making decisions
- Reducing feelings of isolation through connection with others who understand
- Building emotional resilience by offering coping strategies and shared stories

One of the core benefits of this education is to strengthen the overall healthcare experience ot of NETs by encouraging more proactive engagement from patients and carers.

### **National recognition of NETs**

Awareness of NETs is growing in Australia thanks to the efforts of NeuroEndocrine Cancer Australia. However, many patients still go undiagnosed for years or receive limited support after diagnosis.

National education programs like <u>Living with NETs</u> are part of a push to close the gaps in support, research, education, and advocacy, delivering better future outcomes for patients.

### What you need to know

Here's everything you need to know about *Living with NETs*, and how to access the program.

Program name: Living with NETs

Who it's for: People diagnosed with neuroendocrine cancer and their carers

When: Virtually for 4 weeks, each session running for two hours.

- Tuesday 15 July 2025
- Tuesday 22 July 2025
- Tuesday 29 July 2025
- Tuesday 5 August 2025

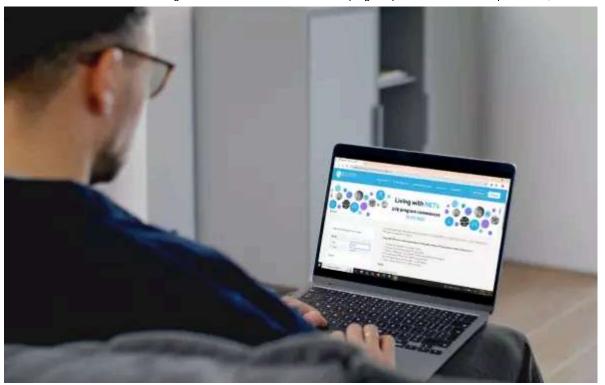
**Time:** 1:30pm - 3:30pm (AEST)

Where: Online (registrants receive a private link before each session)

Cost: Free

**Contact:** Email info@neuroendocrine.org.au or call the NET nurse on 1300 287 363

**Privacy:** Sessions are held in a safe space, and recordings will not be publicly available.



Regist for free online course. Picture supplied

### Get involved and join the Living with NETs program

If you or someone you care about is living with a NET diagnosis, this program is a chance to feel better informed, better supported, and more connected.

Whether you are newly diagnosed or have been living with NETs for some time, the sessions offer practical advice and the chance to engage with others who understand the challenges and decisions you may be facing.

Each session is designed with empathy and expertise, delivering both clinical information and lived experience in a way that is accessible, supportive, and relevant.

To register or find out more, visit *Living with NETs*.

### About NeuroEndocrine Cancer Australia

NeuroEndocrine Cancer Australia is the peak body representing people affected by neuroendocrine cancer. The organisation works to improve outcomes through education, advocacy, research funding, and patient support services. To learn more about their advocacy work, visit <a href="NeuroEndocrine">NeuroEndocrine</a> Cancer Australia or call 1300 287 363.



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