

Palliative Care & End of Life Care Resource List

Conversations about palliative care and end of life care can be difficult and sometimes confronting. Preparing for this time can ensure you are supported, and your preferences and thoughts are expressed. Supportive care offered by palliative care and end of life care play a vital role in assisting people and their families to effectively manage symptoms and improve quality of life at this time.

At NECA we believe speaking with your treating team is an important place to begin this conversation. Your clinical team will be able to refer and provide you with additional information about relevant services within your local area.

The following includes some of the services and resources available.

Resources

Advanced care planning

Advanced care planning ensures family and health care practitioners are aware of your preferences for health care <https://www.advancedcareplanning.org.au/>

Neuro Endocrine Cancer Australia (NECA) Resources

Let's talk about Grief and Loss – Crystal Lockard Counsellor in Psycho Oncology https://youtu.be/YBSFxTOu_Tw

Advanced Care Planning – Helena Rodi Advanced Care Planning Australia

<https://youtu.be/tEFoiwEVfgg>

Cancer Council Australia Resources

<https://www.cancer.org.au/cancer-information/treatment/palliative-care>

Palliative Care

Palliative care services vary in different areas, states, and territories of Australia. If you require palliative care, your treating doctor or local GP will be able to refer you to your local service.

Palliative Care Australia is the national peak body for palliative care

<https://palliativecare.org.au/im-a-patient/>

Pal Assist – Queensland

Is a free service for anyone in Queensland who has a life-limiting illness or condition, and/or their families and carers. <https://www.palassist.org.au/>

Personal Affairs

Money Smart - Australian Government site has resources available to assist with management of personal affairs <https://moneysmart.gov.au/wills-and-powers-of-attorney>

Gathered here has partnered with Neuroendocrine Cancer Australia to provide a free will service

<https://wills.gatheredhere.com.au/c/neuroendocrine-cancer-australia>

Children resources

Canteen

Canteen supports children between the ages of 12-25 – who are dealing with their own diagnosis, a close family member with cancer or death of a loved one. Canteen services also extend to parents of children. <https://www.canteen.org.au/>

The NET Nurse Telephone Support Line is also available to provide support for you and your family and assist you in finding additional supportive care resources in your community.

NET Nurse 1300 287 363



Support



Education



Research



Awareness



Advocacy